

# Life in Your Hands

## Workshop Booking Form

Holiday Inn, Cromer Road, Norwich  
NR6 6JA

Sunday 13<sup>th</sup> February 10am to 4.30pm

Name .....

Address .....

.....

Tel .....

e-mail .....

Workshop is a fully extensive conference/workshop facility. Comprehensive Workshop Aids and Work Book supplied. Group work, individual work and theoretical methods of learning are encouraged throughout. This course is lively and interactive.

Payment £70 includes teas, coffee, mineral water & snacks supplied throughout the day, and a Carvery. Payment can be made by cheque or paypal. Cheques made payable to Phil Griggs in full or half payment now and remainder by 6<sup>th</sup> February 2011. For paypal details please contact me on 07739023463 or [phil.griggs@ntlworld.com](mailto:phil.griggs@ntlworld.com).

Please send your booking form along with your cheque to.

Phil Griggs

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Tel 07739023463

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[www.philgriggs.com](http://www.philgriggs.com)

A receipt of payment will be sent to your address, cancellations will only be refunded if cancellation is before 6<sup>th</sup> February 2011.

Best wishes Phil